

Subject	Aspect	Thread	Outcomes	Year
PSHE	Year 1	The Golden Thread Curriculum	LI: To understand what is the same and different about people	1
PSHE	Year 1	The Golden Thread Curriculum	LI: To share who is special to me	1
PSHE	Year 1	The Golden Thread Curriculum	LI: To understand what helps me to stay safe and healthy	1
PSHE	Year 1	The Golden Thread Curriculum	LI: To know what money can be used for	1
PSHE	Year 1	The Golden Thread Curriculum	LI: To understand who helps to keep us safe	1
PSHE	Year 1	The Golden Thread Curriculum	LI: To consider how we can look after each other and the world	1
PSHE	Year 2	The Golden Thread Curriculum	LI: To know what makes a good friend	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To explain what bullying is	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To demonstrate awareness of the jobs people do	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To know what helps us to stay safe	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To understand what helps us grow and stay healthy (mental health)	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To understand what helps us grow and stay healthy (physical health)	2
PSHE	Year 2	The Golden Thread Curriculum	LI: To consider how we recognise our feelings	2
PSHE	Year 3	The Golden Thread Curriculum	LI: To explain how we can be a good friend	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To explore what keeps us safe	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To consider what families are like	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To consider what makes a community	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To know why we should eat well	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To know why we should look after our teeth	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To explain why we should keep active	3
PSHE	Year 3	The Golden Thread Curriculum	LI: To explain why we should sleep well	3
PSHE	Year 4	The Golden Thread Curriculum	LI: To consider what strengths, skills and interests we have	4
PSHE	Year 4	The Golden Thread Curriculum	LI: To consider how to treat each other with respect	4
PSHE	Year 4	The Golden Thread Curriculum	LI: To explore how we can manage our feelings	4
PSHE	Year 4	The Golden Thread Curriculum	LI: To explain how our choices can make a difference to others and the environment	4
PSHE	Year 4	The Golden Thread Curriculum	LI: To explore how we can manage risk in different places	4
PSHE	Year 5	The Golden Thread Curriculum	LI: To explore what makes up a person's identity.	5
PSHE	Year 5	The Golden Thread Curriculum	LI: To consider the decisions that people can make with money	5
PSHE	Year 5	The Golden Thread Curriculum	LI: To know how we can help in an accident or emergency	5
PSHE	Year 5	The Golden Thread Curriculum	LI: To explain how friends can communicate safely	5
PSHE	Year 5	The Golden Thread Curriculum	LI: To understand how drugs common to everyday life affect health	5
PSHE	Year 5	The Golden Thread Curriculum	LI: To explore which jobs we may like to do	5
PSHE	Year 6	The Golden Thread Curriculum	LI: To explain how we can remain healthy as we grow (physical health)	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To explain how we can remain healthy as we grow (mental health)	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To explain how we can remain healthy as we grow (positive friendships, healthy habits and drug use)	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To explore how the media can influence people (media literacy and digital resilience)	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To explore how the media can influence people (influences and decision- making; online safety)	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To consider what will change as we become more independent	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To consider how friendships may change as we grow	6
PSHE	Year 6	The Golden Thread Curriculum	LI: To understand how babies are born and conceived	6