

Subject	Aspect	Thread	Outcomes	Year
Swimming	Year 4	All LIs	To swim competently, confidently and proficiently over a distance of at least 25 metres.	6
Swimming	Year 4	All LIs	To use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].	6
Swimming	Year 4	All LIs	To perform safe self-rescue in different water-based situations.	6
Swimming	Year 5	All LIs	To swim competently, confidently and proficiently over a distance of at least 25 metres.	5
Swimming	Year 5	All LIs	To use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].	5
Swimming	Year 5	All LIs	To perform safe self-rescue in different water-based situations.	5